

# mRehab Setup

## Overview:

This portable system is designed to help you with your rehabilitation. Included is a mug and a bowl to use in a series of activities. Please read through the instructions and follow the instructions to the best of your abilities.

## Step 1: System Setup

**The system should be setup on a kitchen/dining room table or similar table top area.**

### Unboxing

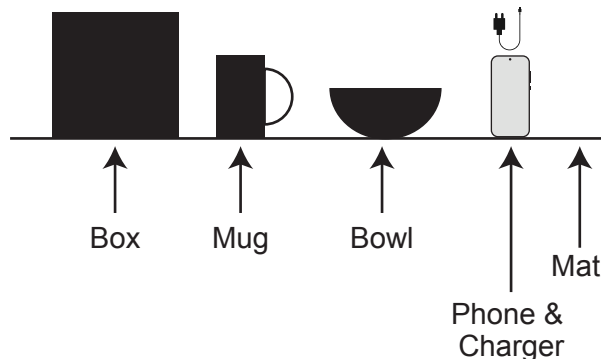
Open the box carefully and remove the pieces. Remove protective packaging and plastic films. Confirm you have all included components: Mug(1), Bowl(1), Phone (1), Mat (1)

### Position the system

Ensure there's enough room around it for movement.

### Set up

Roll the map out and place the box, Mug and Bowl on top of it.



## Step 2: Phone Operation

### Turn Phone On (Power Button):

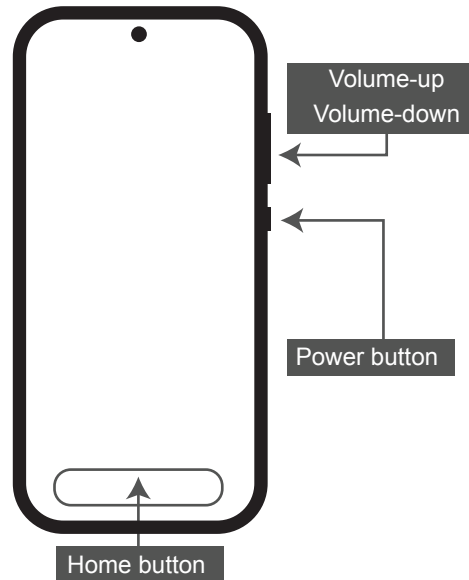
Press and hold the Power (Side) button on the right side of the phone. Hold for about 2–3 seconds until the Samsung logo appears. Release the button and wait for the phone to start. If the phone doesn't turn on, it may need to be charged.

### Unlock the Phone (Home Button):

When the screen turns on, swipe up from the Home bottom of the screen.

### Volume:

To increase the phone volume, press the volume-up button.  
To decrease the phone volume, press the volume-down button




## Contact us

If you have questions or concerns about the device or the study, please contact us. The following members of the research team will take your questions and work on getting an answer as quickly as possible.

## Step 3: Connect to Wifi:

### 1: Open Settings

Swipe down from the top of the screen to open the Quick Panel. Tap the  Settings icon.

### 2. Go to Wi-Fi Settings

Tap Connections. Tap Wi-Fi.

### 3. Turn Wi-Fi On

If Wi-Fi is off, tap the Wi-Fi switch to turn it On.

### 4. Select a Network

A list of nearby Wi-Fi networks will appear. Tap the name of the network you want to connect to.

### 5. Enter the Password

Type the Wi-Fi password when prompted. Tap Connect.

### 6. Confirm Connection

When connected, the network name will show "Connected." A Wi-Fi icon will appear at the top of the screen.

## Step 4: Create or log into your account

Open the mRehab app

Create account or login with existing account  
Confirm via verification email

Once successful, begin by setting your goals for each activity and click Save. You can then Click **Start** to begin a mug, bowl or screen base Activities.

## Email:

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